

Mental Health Resources

Inpatient Psychiatric Care	Phone	Specialty Area
<u>Wyoming Behavioral Institute</u> Steven Brown, MD Lida Prypchan, MD Frank Wheeler, MD David Martorano, MD Karen Graves, PMHNP-BC Carla Poot, PMHNP	307-237-7444 OR 1-800-457-9312	<ul style="list-style-type: none"> • Walk-in, free level of care assessments • Information and referral • Inpatient psychiatric care for children, adolescents, adults and senior.

Outpatient Psychiatric Care	Phone	Specialty Area
<u>Dr. Stephen Brown and Associates:</u> Stephen Brown, MD	307-234-3638	Child/adolescent psychiatry
<u>A Beautiful Mind:</u> Shellie Hipsak, APRN	307-337-1173	Child/adolescent/adult psychiatry. Medicaid accepted
<u>Kintsugi Psychiatry:</u> Teecee Fulfer, APRN Crystal Bardgett, APRN, PMHNP-BC	307-333-5757	Child/adolescent/adult/gero psychiatry. Medicaid accepted
<u>Frontier Behavioral Health:</u> Angela Neff, MS, APRN, PMHNP-BC	307-277-3922	Child/adolescent/adult psychiatry. Medicaid accepted
<u>Peaceful Minds Wellness Center:</u> Jennifer Frausto, DNP Timothy Barnes, DNP (telehealth)	307-224-2484	Child/adolescent/adult psychiatry. Medicaid accepted
Specialty Counseling Mark Vuolo, MD	307-222-3042 307-266-6244	Telepsychiatry. Medicaid accepted Adult psychiatry
Government Funded		
<u>Central Wyoming Counseling:</u> Mark Vuolo, MD	307-237-9583	Child/adolescent/adult psychiatry. Medicaid accepted
<u>Community Health Center of Central Wyoming:</u> Brenda Threlkeld, APN Sarah Burt, NP	307-233-6000	Child/adolescent/adult psychiatry. Medicaid accepted
<u>Solutions For Life- Douglas/Glenrock/Lusk:</u> Jayme Donaldson, APRN	307-358-2846	Child/adolescent/adult psychiatry. Medicaid accepted

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Psychologists		
<u>Casper Counseling and Psychology:</u> Jack Herter, PhD	307-235-9004	Pre-surgical psychological evaluation for bariatric and spinal surgery patients.
<u>Park Ridge Behavioral Health:</u> Ken Bell, PhD Don Benson, PsyD Melissa Jenkins, PhD Judith Naginey, PhD Charlie Powell, PhD Jason Tyser, PhD	307-462-4876	Child, adolescent, adult, geriatric adult counseling, couples and family counseling, marriage therapy, anxiety, eating disorders, relationship issues, substance abuse, disorders, gender orientation issues and parenting teenagers. Psychological evaluations and consultations. Medicaid accepted.
<u>Windy Ridge Psychological:</u> Cheryl Godley, PhD	307-234-0500	Adolescent, adult, family therapy, women's issues, depression, anxiety, psychological assessment.

Private Outpatient Mental Health Specialists	Phone	Specialty Area
<u>Wyoming Behavioral Institute:</u> Outpatient Telehealth Clinic Traci Blevins, LCSW, CTMH Dani Bredenberg, LPC, CTMH	307-439-2139	Individual and family teletherapy for youth ages 10 to 17, telehealth intensive outpatient treatment for adolescents 14 to 17.
<u>Dr. Stephen Brown and Associates:</u> Emily Engler, PPC Dan Farrer, LPC	307-234-3638	Children, adolescents, adults, individual, marriage, family therapy, domestic, violence victims and offenders, trauma therapy. Medicaid accepted.
<u>Aspen Creek Counseling:</u> George Brown LPC JoEllen Jorgensen, LPC	307-233-4210	Specializing in children and families, play and cognitive therapy, trauma and abuse counseling, domestic violence and parenting consultation. Medicaid accepted.
<u>Amy Berry, LCSW</u>	307-439-4120	Child, adolescent and adult. Individual therapy for individuals dealing with a variety of mental health related concerns. Medicaid/Medicare
<u>A Beacon of Hope:</u> Rosemary Barle, LPC	307-267-0535	Child and adolescent therapy, depression, anxiety, EMDR, trauma work. Medicaid accepted.
<u>Be Mindfully You:</u> Brenna Garimu, LCSW Jason Weaver, LPC Rachel Yauncy, LCSW	307-333-5901	DBT, CBT, EMDR. Individual therapy for people 5 and older. Teen group therapy can be offered if requested. Medicaid/Medicare accepted.
Pat Boyer, LMFT, LCSW	307-265-7755	Marriage, family and individual therapy.
<u>Casper Family Connections:</u> Christine Vencill, LCSW Jennifer Sullivan, LCSW	307-233-2200	Safe custody exchanges, supervised visitation, individual and group therapy.

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<u>Casper Family Counseling:</u> Bryan Collins, LCSW Lisa Thomas, LCSW	1-877-299-9944	Children, adolescents, adults, seniors, families, individual and group therapy. Community-based services as needed. Medicaid/Medicare accepted.
<u>Cedar Ridge Child and Family Counseling:</u> Tricia Miller, LCSW, RPT Jennifer Bays, PPC Jessica Katz, LPC Karen Olsen, PCSW Shelly Sands, MSW Frank Shablo, LPC Tori Shepard, MSW	307-333-1301	EMDR and Trauma Focused Cognitive Behavioral Therapy. Registered Play Therapist. Addressing social, emotional and behavioral health challenges in the school, home, and work environment. Depression, anxiety, ADHD, anger, family conflict and parenting, abuse and neglect. Services in the office and community. Medicaid accepted.
<u>Comfy Couch Counseling:</u> Devon Houser, LPC	303-842-7055	Children, adolescents and adults, family and trauma therapy.
<u>Complete Care Counseling:</u> Codie Wallace, LCSW	307-234-9979	Child, adolescent, adult and marital counseling, family conflict and parenting, sexual abuse/trauma counseling. Medicaid accepted.
<u>Crossroads Counseling:</u>	307-333-5370	Child, adolescent and adult therapy. Level I.O substance abuse treatment and Intensive Outpatient Program. Medicaid accepted.
<u>Embracing Change:</u> Stephanie Fegler, LCSW	307-277-1874	Individuals, couples and family counseling for pre-teens, teens, and adults to address a variety of mental health and substance use issues. Sliding fee. Medicaid accepted.
<u>Emotional Wellness Counseling:</u> Tammy Michael, LCSW	307-224-7135	Child, adolescent, adult, older adult therapy. Specializing in EMDR, trauma focused CBT. Medicaid Therapy.
<u>Grace and Hope Counseling:</u> Lean Chamberlain, LCSW	307-337-7471	Anger management, batterer intervention and veterans counseling.
<u>Greener Grasses:</u> Karen Harden, LPC	307-237-6176	EMDR, Trauma, anxiety and depression.
<u>Harmony Health:</u> Shane Harkins, LCSW Carley Alcaraz, LCSW Brandon Bishop, LCSW Kayleigh Clark, MSW, LCSW Kelsey Donnini, LCSW Leann Loya, LPC Carrie Knoepfle, LPC Baleigh Hite, LCSW	307-235-3333	Individual, child , adolescent, couple and family counseling, grief and loss, EMDR, adjustment to life/health events, relationship issues, anxiety, depression. Medicaid accepted.
Patricia Harley, LPC	307-399-3779	Adolescents and adults. Medicaid accepted.
<u>The Healing Place:</u> Julie Fox, LPC Cari Rothenhoefer, LCSW Josh Kaufman, LPC	307-265-3977	Child, adolescent, adult and older adult counseling. Christian counseling, individual, couples and family therapy, step-family support, grief share, divorce care.

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Amanda Roy, LCSW Jason Poot, LPC Ginger Terry, LMFT Harold Bradshaw, LMFT		
<u>KV Davis Counseling:</u> Verline Davis, LPC Kelsey Manna, LCP	307-337-4673	Play therapy, trauma, children, adolescents and adult, family and couples counseling. Medicaid accepted.
<u>Learn Resilience:</u> Becky Wilkinson, PhD	307-215-6782	Individuals, adolescents, adults, families, couples, parenting. Medicaid accepted.
<u>Life Matters:</u> Cory Wentz, LPC, LAT	307-797-4683	Adolescents, adults, families, addictions, ASCI's
<u>Mind and Thought Counseling:</u> Archie Pettry, LPC	307-466-8008	Individual and family counseling. Child, adolescents, adults, geriatric. Medicaid accepted.
<u>New Beginnings Counseling:</u> Steve Lewis, LPC	307-234-9907	Children, adolescents, adults, marriage, couples, Christian counseling and parenting. EMDR level II, Play Therapy and CBT. Medicaid accepted.
<u>Park Ridge Behavioral Health:</u> Brandon Wardell, LMFT	307-462-4876	Child, adolescents, adult, individual, family counseling. Medicaid accepted.
Cindy Parrish, LPC	307-237-7747	Individuals, families, couples, sexual abuse/trauma therapy, nontraditional lifestyles therapy, child, adolescents, adults. Medicaid accepted.
Barb Ralph, LPC	307-277-9752	Children, adolescents, adults. Individuals, couples, families. Substance abuse treatment. Cognitive Behavioral Therapy. Medicaid accepted.
<u>Remember Who You Are Counseling:</u> Deb Michael, LPC	307-262-8572	Adolescent and adult therapy. Eating disorders, trauma. Medicaid accepted.
<u>Restorations Counseling:</u> Aleece Gutierrez, LPC	307-267-1290	Adult counseling. Depression, bi-polar disorder, grief and loss, abuse, adoptive family issues, anger management, personality disorders, crime victims, women's issues. Christian Counseling. CBT, DBT, EMDR, behavioral modification, network therapy, case management, professional referrals.
<u>Rocky Mountain Behavioral Health:</u> Angela Groennert, PPC Casside Lach, LPC Dawn Lewis, PPC Heather Thomas, PPC Brandon Wardell, LMFT Jason Weaver, LPC	307-577-3050	Adolescents, adults, mood and anxiety disorders, adjustment and transition issues, developmental delays. Assessment of intelligence, achievement, adaptive functioning, neuropsychological and emotional functioning. Medicaid accepted.

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<u>Rosenberger LLC:</u> Nichole Rosenberger, MSW, LCSW	307-439-8324	Child and adolescent individual and family therapy. Medicaid accepted.
<u>Anastasia Sarbach, LPC</u>	307-234-2704	Adult individual therapy.
<u>Seeds of Change:</u> Jill Shire, LPC	307-277-7802	PTSD, EMDR-trained. Certified Hypnotherapists addressing elimination of fears including test anxiety, public speaking, negative habits (including smoking and compulsions), sports performance enhancement, reduction of stress, anxieties and self-esteem issues. Medicaid accepted.
Nancy Sherwood, LPC	307-247-1424	Serving couples, adults, teens and preteens.
<u>Solutions Counseling Services:</u> Colleen Meade, LCSW Lauren Jackson, MCSW, PCSW Lisa Crum, LCSW Cassidy Provo, LPC Perlene Defry, LPC Mercedes Velosquez, LCSW	307-234-9979	Child, adolescent, adult and marital counseling, family conflict and parenting, sexual abuse/trauma counseling. Medicaid accepted.
<u>Specialty Counseling</u>	307-222-3042	Adults, adolescents and children, marriage, couples counseling. Vocational, independent living, high-fidelity wraparound and case management services. Religious and spiritual support. Medicaid accepted.
<u>Stepping Stones Counseling:</u> Therese Fortier, LCSW	307-240-2075	Adult individual and marital counseling. Depression, anxiety, adjustment disorders, grief/loss.
<u>Sunshine Counseling:</u> Jan de Moulin, LCSW <u>Of One Mind:</u> Jennifer Quinn, LCSW <u>Healing Tree Counseling:</u> Jennifer Cruickshank, LPC	307-224-2060	Children, adolescents and adults, family, couple, marital, EMDR trained, DBT, CBT, trauma therapy, grief counseling, substance abuse counseling. ASI's and addictions counseling. Medicaid accepted.
<u>Therapy Associates:</u> Melanie Connell, LPC Lori Hicks, LPC John Koffman, LPC Brooke Marin, LCSW Tanya Meek, LPC Jana Sisco, LPC Steve Rall, LPC	307-277-6473	Children, adolescents, adults, couples, family therapy, EMDR. Christian counseling with Melanie Connell (melanieconnell.com) Medicaid accepted.
<u>Transitions Family Counseling:</u> Ken Hicks, LCSW Jo Anne Risser Hicks, LPC	307-265-2555	Individuals, couples, children, anger management, sex offenders, criminal thinking, relapse prevention, divorce mediation, substance abuse and mental health assessments.

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<u>Winds of Change Therapy:</u> Doris Lowe, LPC Amanda Dediego, PhD Nuriah Glasgow, LPC Paul Maddow, PhD	307-234-7419 307-259-5139	Child, adolescent and adult therapy. Medicaid accepted.
<u>Wyoming Strong Counseling:</u> Melissa Eichenberger, LPC	307-760-6147	Adult, couples and family counseling. Emphasis on trauma and abuse including vicarious trauma experienced by first responders and vets.
Sharil Williams, LPC	307-333-2624	Addictions, trauma, abuse, adult, family therapy.
Tonya Yelton, LPC	307-265-6420	Specializing in play and expressive art therapy services for children, adolescents, adults, families and couples. Medicaid accepted.

Other Mental Health Services	Phone	Specialty Area
Casper College Counseling	307-268-2267	For enrolled CC and UW/CC students
Central Wyoming Counseling	307-237-9583	Mental Health and substance abuse counseling, psychiatric evaluation and medication management.
<u>Children's Advocacy Project:</u> Forensic Interviews and Therapists: Rosemary Bartle, MS, LPC, NCC Cecelia Stark, PCSW	307-232-0159	Child/adolescent abuse investigation and therapy.
<u>Community Health Center of Central Wyoming:</u> Carol King, LCSW Midge Payette, LCSW Ashley Mudder, LCSW Laura Hunsaker, LCSW Angela Brown, LPC	307-233-6000	Mental health counseling for children, adolescents and adults, medication management, pharmacy.
<u>Glenrock Health Center:</u> Audrey Boespflug, LCSW	307-436-9206	Child, adolescent, adult and older adult individual therapy. Group therapy offered. Medicaid accepted.
<u>Mercer Family Resource Center:</u> Lindsey Hall, LCSW Brittlynn Adame, MSW	307-265-7366	<ul style="list-style-type: none"> • Counseling individual/couples/family • parenting classes • youth intervention • alcohol/tobacco/other drug education • CHINS assessment • NC Prevention Coalition • Youth Empowerment Council Medicaid accepted.
<u>Casper Youth Crisis Center:</u> Ashley Mikels, LCSW	307-577-5718	Crisis Shelter, wraparound services, group home.
<u>Self Help Center:</u>	307-235-2814	Individual counseling, EMDR.

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Frederick Bergh, PPC Shelley Cook, LCSW Alana Ham, LCSW		
Sensational Kids	307-234-9360	Pediatric therapy. Occupational therapists treating children with Sensory Processing Disorder, a disorder that often accompanies diagnosis such as autism spectrum disorders, ADD/ADHD, reactive attachment disorder.
High Country Behavioral Health-Douglas/Lusk (Community Health Center)	307-358-2846	Individual and group counseling. Children, adolescents and adults. Anger management.
<u>Three Trails Employee/Family Assistance Program:</u> Jamie Leslie, LPC Wes Bertagnole, LPC Liz Kornkven, LPC Julie Laib, LPC Shelly McAlpin, PPC	307-237-5750	Counseling for employees of CC, City of Casper, NCSO, WMC, Wy Recovery, WY Wound Care, WyHy, US DOES, Self Help, Girl Scout Council, Smile Center, CHCCW, CDC, Central Wyoming Hospice, Mercer Family Resource Center.
<u>UW Family Practice Residency Program-Casper:</u> Roxanne Wilson, CAP	307-234-6161	Mindfulness-based stress reduction, therapy for anxiety and depression, tobacco cessation, DBT, and individual therapy.
Healthcare for the Homeless	307-235-6116	Primary care, preventive, limited dental and vision care, medication.

Addictions, Assessments, and Treatment	Phone	Specialty Areas
Stephen Brown, MD	307-234-3638	Outpatient child/adolescent psychiatrist treating adolescent addiction.
Central Wyoming Counseling	307-237-9583	Residential substance abuse treatment for men, women and adolescents.
Cedar Ridge Child and Family Counseling	307-333-1301	ASI evaluations for adults and adolescents, Level 1.0 relapse prevention and level 2.1 Intensive Outpatient Program, and individual SA counseling for adults and adolescents.
Wyoming Rescue Mission	307-265-2251	Men's New Life Center, Women's Transformation center residential programs.
Crossroads Counseling	307-333-5370	Level I.O substance abuse treatment and Intensive Outpatient Program.
Mercer Family Resource Center	307-265-7366	<ul style="list-style-type: none"> • ASI Evaluations • Level .5 DUI education (adults and adolescents) • Insight into Substance Prevention (youth education)

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<u>Embracing Change:</u> Stephanie Fegler, LCSW	307-277-1874	ASI, ASAM level 2.1 IOP and level 1 evening groups, level .5 early intervention. Individual substance abuse counseling. Sliding fee.
Self Help Center	307-235-2814	ASI, DUI class, relapse prevention, intensive outpatient substance abuse treatment, .5 cannabis and .5 alcohol early intervention
Specialty Counseling	307-222-3042	ASI, DUI class, relapse prevention and intensive outpatient substance abuse services.
<u>Transitions Family Counseling:</u> Ken Hicks, LCSW	307-265-2555	Relapse prevention, substance abuse and mental health assessments. Substance abuse counseling for alcohol, marijuana, meth and more. Drug/Alcohol assessment for commercial drivers.
<u>UW Family Practice Residency Program-Casper:</u> Roxanne Wilson, LAC	307-234-6161	Outpatient adult addiction treatment. MAT and addiction counseling, individual and group.
<u>Winds of Change Therapy:</u> Doris Lowe, LPC Amanda Dediago, PhD Nurieh Glasgow, LPC Paul Maddow, PhD	307-234-7419 307-259-5139	Addiction treatment, individual and group.
Wyoming Recovery	307-265-3791	Intensive outpatient, day, and inpatient drug and alcohol treatment. Medication management.
Adult/Teen Challenge Wyoming	307-258-5397	Faith based addictions recovery information and referral.

Veterans Mental Health Service	Phone	Specialty Areas
Casper VA Outpatient Clinic	307-235-4143	Psychiatric care, outpatient substance abuse treatment, case management for veterans.
Casper Vet Center	307-261-5355	Outreach center for combat vets of current wars and conflicts transitions back to U.S.

Mental Health Advocacy Organizations	Phone	Specialty Areas
National Alliance for the Mentally Ill (NAMI)	307-265-2673	Advocacy for mentally ill people and their families.
Iris Clubhouse	307-333-2507	For adults with mental illness.